

## Registered managers webinar: Wellbeing leadership – what does good look like?



### Skills for Care webinar Wednesday 4 May 2022

Here is a list of question raised during the webinar.

All of our recorded registered manager webinars on a variety of topics, including this one, can be found on the website [here](#).

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### Questions

#### Where can I find the other Skills for Care RM webinars on wellbeing?

All the RM webinars on wellbeing can be accessed [here](#).

#### During the webinar, the phrase 'moral injury' was used. Can you provide more information about this as this is a new term for me.

Arabella Kurtz, Clinical Lead, Stronger Together Wellbeing Hub Northamptonshire - Moral injury relates to when you have to do things in your job, which violate your moral code (your values). The term first originated in the military, and it has been used for workers in social care and health during the pandemic.

*'Moral injury can occur when someone engages in, fails to prevent, or witnesses acts that conflict with their values or beliefs and when they experience betrayal by trusted others especially when this is perceived as avoidable, or they are powerless to change it.'*

[Technical Advisory Group: moral injury in health care workers during the COVID-19 pandemic](#)

For more information about moral injury, please visit [here](#).

#### There hasn't been enough recognition on registered managers during the pandemic and it has been a very difficult time for us, to keep staff going and motivated.

At Skills for Care, we offer lots of support and resources for registered managers, which we hope you find useful. Please refer to our [website](#) for more information.

It is worth noting that Skills for Care has 150 local Registered Manager Networks, which are available across the country and were set up to support registered managers in their role. For more information or to find your local network, please visit [here](#).

## When is the next compassionate leadership course being run?

The course referred to during the webinar was area specific in Northamptonshire as a local collaboration with the Stronger Together Northamptonshire Wellbeing Hub and the Skills for Care Northamptonshire Registered Manager network. We plan to share the learning on our website; however, we'd be interested to know if others would find this useful. Please contact [Juliet.green@skillsforcare.org.uk](mailto:Juliet.green@skillsforcare.org.uk) if you'd like to discuss this further.

## During the webinar, we ran a poll at the end of the session. Enclosed is a summary of the responses, for information.

Has the webinar increased your understanding of compassionate leadership and psychological safety?

- Yes – 68%
- Somewhat – 29%
- No – 3%

Has the webinar given you tools and ideas to have good conversations?

- Yes – 68%
- Somewhat – 30%
- No – 2%

Has the webinar helped you reflect on your own wellbeing as a leader?

- Yes – 77%
- Somewhat – 21%
- No – 2%

Has the webinar increased your knowledge of where to find further resources and support?

- Yes – 87%
- Somewhat – 12%
- No – 1%